

# JOIN US FOR CARERS WEEK



8TH-14TH JUNE 2026

# LET'S CELEBRATE!

## DIGITAL SUPPORT SESSION

Monday 8th June  
11AM-12.15PM

Join us to find out about our new digital support service for carers and how it can support you in your caring role. **Booking Essential**  
**Venue:** Carers Trust Solihull B91 1QY

## INFORMATION DROP IN FOR CARERS

Monday 8th June  
9.30AM-11.30AM

We will be holding an information stand for any carers or members of the public who would like more information about our service.

**Venue:** Riverside Family Hub, B37 5DP

## CARERS MEET UP

Tuesday 9th June  
10AM-11.30AM

Join us to celebrate carers week with some cake and a cuppa, meet other carers and find out what support is available in Solihull.

**Venue:** Two Mugs Cafe, B90 2EH



## INFORMATION DROP IN FOR CARERS

Tuesday 9th June  
10AM-12PM

We will be at Marie Curie Hospice raising awareness of our service and sharing what support is available for carers.

**Venue:** Marie Curie Hospice, B91 2PQ

## BADMINTON SESSIONS FOR CARERS

### ADULT CARERS

Enjoy a free friendly game of badminton with other carers, all equipment provided and all levels of fitness welcome. Staff will be there to facilitate. **Booking required.**

**Thursday 11th June 10AM-12PM**

**Venue:** North Solihull Sports Centre

**Friday 12th June 12-2PM**

**Venue:** Tudor Grange Leisure Centre, B91 1NB

## YOUNG CARERS CLUB CELEBRATION

Wednesday 10th June

5-11 years 5.15-7pm

12-16 years 7.15-9pm

Lets celebrate! We have a fun evening planned including fun, food and entertainment.

**Venue:** Colebrook Centre, B37 5DP

## CARERS TRIP TO WESTON-SUPER-MARE



Saturday 13th June

Join us for our annual beach trip for carers of all ages and their family. Wheelchair accessible coach provided. **Booking required**  
*Limited spaces available.*

**To book onto an activity please call 0121 788 143**

## CARERS CHARITY WALK

Sunday 14th June

Join us for a 4 mile walk around the beautiful grounds of Packington Estate. We also have a shorter 3/4 mile walk suitable for wheelchairs or pushchairs.

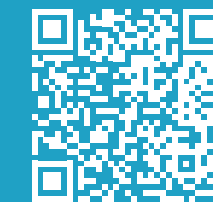
**MEET:** St James Church, Packington Hall, CV7 7HF (access via East gate). If you are using **what3words** follow traps.scores.drill

**ARRIVAL TIME: 9.30AM**

Please arrive in enough time to register and pay before the walk begins. Walk begins at **10am.**

**COST** Free but donations welcome.

*Well behaved dogs on leads welcome!*



**Registration Required**  
Use the QR code on the left or the link below.

<https://buff.ly/25ilpFo>

**KEEP UPDATED WITH OUR ACTIVITIES AND FIND OUT MORE ON OUR WEBSITE**  
[SOLIHULLCARERS.ORG/CARERSWEEK26](https://www.solihullcarers.org/carersweek26)

**CARERS TRUST**

Solihull

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