**DATE**

I am registered with Carers Trust Solihull as an unpaid carer; therefore, I am writing to request that I be formally recorded as an unpaid carer on my GP patient record, under the appropriate SNOMED CT codes. This is to ensure I can receive tailored health information and preventive care—such as annual flu boosters—and any other relevant support. Having my status recorded will also help safeguard the health of the person/s I care for, should I become unwell and unable to provide care.

* **SNOMED CT Code:** 224484003 – Patient themselves providing care

I have arranged a contingency plan with trusted emergency contacts, should I be unable to fulfil my caring responsibilities They have a copy of my up-to-date contingency plan.

Their details are:

* **Name:**
* **Phone Number:**

They have consented to having their details recorded in my patient record.

* **SNOMED CT Code:** 1366321000000106 – Has Carer Contingency/Emergency Plan

Recording this will ensure that all health and care professionals can quickly identify my contingency arrangements if required.

I understand that you may need additional details before updating my record. I am happy to provide any further information or documentation at your request, including a copy of my contingency plan.

Please use the following details to contact me regarding this request:

* **Name:**
* **Address:**
* **Mobile Phone:**
* **Email:**
* **NHS Number (if known):**

Thank you for your attention to this matter, and for your ongoing support of unpaid carers.

Yours faithfully,