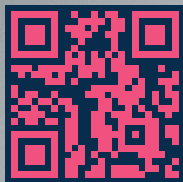


**CARERS  
TRUST**

Solihull



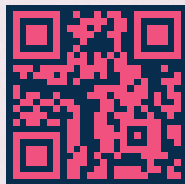
**BE HEALTHY**

**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**



**carers  
RIGHTS DAY**





**REMEMBER**

Solihull Young Carers Things To Remember

You have all had the Experience to get to know one another  
This is a break from caring and it's up to everybody to make sure everyone has a great time

There are a few things to remember while we are at any Young Activity

Firstly have fun

Choose what you want to do with your free time  
All activities are optional

Be friendly

Focus on your friends not your phone  
Look after the building we are using  
Respect each other, people's property and the space  
No pictures or posting on social media about somebody in the group

If you have any problems or issues then please speak to a member of staff straight away

This will make sure any issues are dealt with on the day and are sorted

$$5 \times 7 \div 4 \times 3 + 1 - 5 + 2 =$$

Pie = 35



**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**

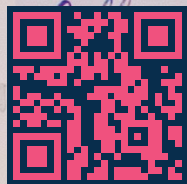




**CARERS  
TRUST**

Solihull

WAKE UP  
AND SMELL THE



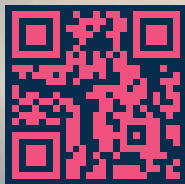
**HAVE SUPPORT**

**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**



**carers  
RIGHTS DAY**

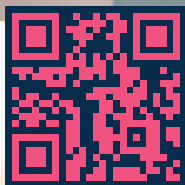







**CARERS  
TRUST**

Solihull



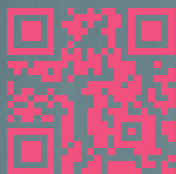
**BE SAFE**

**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**

  
**carers  
RIGHTS DAY**



**CARERS  
TRUST**  
Solihull



HAVE  
OPPORTUNITIES

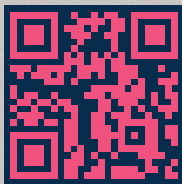
**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**

  
**carers**  
RIGHTS DAY



**CARERS  
TRUST**


Solihull



**GROW &  
DEVELOP**

**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**



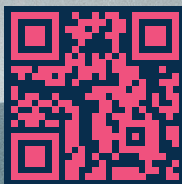
  
**carers  
RIGHTS DAY**







**CARERS  
TRUST**  
Solihull



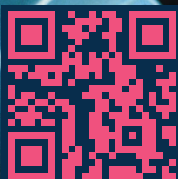
BE SEEN

**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**

  
**carers  
RIGHTS DAY**



**CARERS  
TRUST**  
Solihull



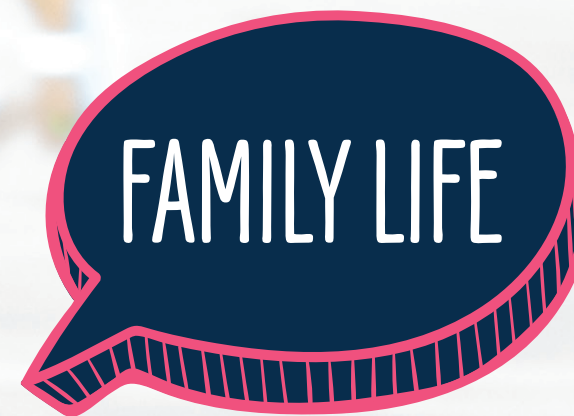
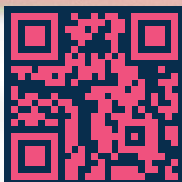
**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**

**HAVE SERVICES  
FOR US**



**carers  
RIGHTS DAY**





**YOUNG  
CARERS  
KNOW  
YOUR  
RIGHTS**

